

A decorative graphic on the left side of the page consists of several overlapping circles in shades of blue, red, orange, and grey, arranged in a cluster that tapers to the left.

One-day training „**Mental Freedom®** by Kim Olver”

Croatian Association for Reality Therapy proudly welcomes the executive director of William Glasser Institute and internationally renowned speaker

**Kim Olver**


**on March 17<sup>th</sup> 2023., in Zagreb, Croatia**

At one-day training, this experienced presenter and famous writer will introduce her proprietary process called **Mental Freedom®**.

In psychoeducational character, six principles of how to help clients transform painful emotions they are experiencing and turn them into something neutral or even positive, will be introduced. Training is based on Choice Theory psychology and aims to ensure opportunity for professional growth of participants.

More information soon...

If you have any questions or concerns please feel free to contact us on [hurt.trening.2023@gmail.com](mailto:hurt.trening.2023@gmail.com) or visit our website [www.udruga-hurt.hr](http://www.udruga-hurt.hr)

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